

Tears to Triumph: Women Learn to Live, Love and Thrive

Written and Edited by Dawn Marie Daniels, Candace Sandy and Dr. Jarralynne Agee with
Foreword by Dr. Julianne Malveaux

America is currently in the grips of the most critical economic crisis it has ever faced and women of all incomes and ethnicities are suffering the emotional brunt. Authors of the national best selling series **Souls of my sisters; Candace Sandy and Dawn Daniels'** newest release share stories on how women can cope in **Tears to Triumph: Women Learn to Live, Love, and Thrive written by Dawn Marie Daniels, Candace Sandy and Dr. Jarralynne Agee** (Souls of My Sisters Books, an imprint of Kensington Publishing Corp. September 2009).

Tears to Triumph shares a new framework that will help women move beyond just surviving to thriving and, most importantly, it shows women how to use their own adversities as a blueprint for future success. As the reader turns each page he or she will embark on a journey through the lives of courageous women who have turned their lives into exactly what they want them to be. In the end the reader will discover victory over hardship, joy from suffering, and learn how to turn **Tears to Triumph**.

In **Tears to Triumph** stories run the gamut and include:

Finance:

- After losing family money in the Bernie Madoff scandal, Sandy Sandler describes in *Abra Bowdabra* how the support of her family helped her get through divorce, build her business and ultimately helped her to overcome an illness.

Faith:

- Dr. Sharron Herron, in *Prayers for Whittaker* calls on her faith after the loss of children.

Relationships:

- Yetta Young producer of the African American Vagina Monologues shares her triumph over domestic violence.

Depression:

- *In Confession is Good For The Soul* Rhonda Stanford shares her battle with depression, a condition affecting millions of women.

Losing Weight:

- Debbie Heyer, after years of struggling with her weight achieved and maintained a two-hundred-and twenty pound weight loss becoming the winner of the Jenny Craig Challenge.

Entrepreneurship:

- Aliyyah Baylor celebrity baker who was recently featured on the Food Network's "Throwdown with Bobby Flay" discusses her road to success after being forced to leave her home after a fire, the perils of starting a new business and raising a baby.

Other titles on the Souls of My Sisters Book Imprint includes: *Souls Revealed: A Souls of My Sisters Book of Revelations and Tools for Healing Your Life* written by Dawn Marie Daniels and Candace Sandy with a foreword by Star Jones (February 2008); *It Happened In Church: Stories of Humor from the Pulpit to the Pews* written by Patti S. Webster with a foreword by Pastor Donnie McClurkin (September 2008) and *He's Gone You're Back: The Right Way to Get Over Mr. Wrong* written By Kerika Fields with an after word by Dr. Jan Burt (January 2009).

About the Authors:

Dawn Marie Daniels is the editorial force behind a number of award-winning authors, and has utilized her position to ensure that African American projects get the attention they deserve.

Candace Sandy is the President of Candace Sandy Communications, a multi-media cooperative that targets women. For eleven years, she has also served as the Communications Director for Congressman Gregory W. Meeks (D-NY).

Both Candace and Dawn have been honored with the Amazing Women Award, the Golden Pen Award presented by the National Black Writers Alliance and in July 2009 will be honored with the WNBA/New York Liberty Inspiring Women Award.

Dr. Jarralynne Agee is a psychologist, executive coach and a professor at Mile College.

TEARS TO TRIUMPH

Women Learn to Live, Love and Thrive

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