

# LESSON THIS WEEK

## *Spiritual Discipline of Study*

Reverend Matt Evans, Rock Bridge Community Church

*Thursday, March 11*



The purpose of the *Spiritual Discipline of Study* is our transformation into what God intends us to be. First, we must study ourselves, to discover what now motivates us and controls us. Next, we must study God's word to learn how to change our lives so that His will motivates us and His plan controls us.

In this process, we begin to see the course of our lives through His perspective, and to see what we must change to align our path with His. We begin to get rid of old, destructive habits of thought, and adopt new, life-giving ones. We find guidance not only in Scripture, but in the way God has influenced people and events around us.