

**Mount Calvary Lutheran Church**  
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[www.mountcalvary.org](http://www.mountcalvary.org)

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**Mount Calvary**  
 LUTHERAN CHURCH

MAKING, BUILDING UP AND SENDING OUT  
 DISCIPLES OF JESUS CHRIST.

**February 2010**

Also available on our website:

[www.mountcalvary.org/  
 newsletters](http://www.mountcalvary.org/newsletters)

**NEXT ISSUE:**

March 2010

#### SHAPED BY THE UNSEEN CHRIST: A LENTEN SPIRITUAL ADVENTURE

The season of Lent has been a time, traditionally set aside, for deeper spiritual reflection and renewal. As the days grow longer and move towards the renewal of life we call springtime, we reflect on where we have come from, where we are going and where we are in this moment. We pray for each day to have a little more light, a little less darkness and a steady progression towards new life. We pray and hope that our lives are on the right path, or at least headed in the right direction, and that Jesus will be out ahead of us to guide and shape our way.

What Lent is about is not a fatalistic dust-to-dust slap in the face. It is not about thinking less of yourself than you may be accustomed to doing. It is not the Norwegian grandmother cautioning you about getting too full of yourself or having “the big head, don’t you know.” It is about stepping back from the urgencies and emergencies, the routine and the mundane of life and seeing yourself as God sees you. It is, yes, about seeing yourself with honest and discerning eyes...admitting what you see is broken, failing, sinful and in need of grace. It is, yes, about committing to running the race towards becoming more fully what you already are, a child of God. It is about seeking the substance of life and not settling for the shell.

This Lent, we are crafting our worship and reflection around the theme “Shaped by the Unseen Christ.” The idea is that we become more aware of how Jesus is present and at work in our daily lives and tasks, and begin “practicing the presence of Christ.” The goal is that we each cultivate healthy spiritual habits that we can and will continue through the rest of life. Every week, the sermon will offer both instruction and encouragement. Life applicable themes will include:

1. Worshipping with enthusiasm
2. Lavishing God’s love on others
3. Leading God-pleasing lives
4. Serving with gratitude and eagerness
5. Reading God’s word
6. Experiencing prayer
7. Celebrating God’s gift of life at its best

Our Lenten journey begins with Ash Wednesday, February 17, and continues until Easter, April 4. We hope you will make regular, consistent worship and a commitment to join your companion disciples on this spiritual adventure a high priority in the busyness that is your life. Join together in community as we Gather, Connect and Serve in the name of Jesus!

*Pastor Dave*



#### Preschoolers Love Winter!



THE CALLER



And I pray that you,  
being rooted and  
established in love,  
may have power,  
together with all the  
saints, to grasp how  
wide and long and  
high and deep is the  
love of Christ, and to  
know this love that  
surpasses knowledge—  
that you may be filled  
to the measure of all  
the fullness of God.  
(Ephesians 3:17-19)

## THE LAST TRUCK STOP FOR THE DESCENDING SOUL

Our house is usually dark and quiet as I prepare for work. Sometimes, while hunting for my wallet and keys, the family cat will materialize at my side seeking companionship. One recent morning I bent down to scratch behind his ears to his great delight, but then quickly shooed him away when I recalled from my SAT days that white fur is to dark trousers as sneeze is to salad bar. On my way to the garage, a passage from “Still Life with Woodpecker” by Tom Robbins came to mind. In the book, Robbins created a character who had difficulty connecting, and who felt she was easily cast aside in her associations with others. In assessing her life, she concluded that in every relationship there is someone who loves most and someone who loves least. Thus, living an uncomplicated and healthy life required that this inevitable imbalance must tilt in her favor. She resolved always to be the one who loved least.

Her resolution became the manifesto of my twenties. I didn’t stop to consider that it wasn’t the author’s avowed position. I didn’t care that the woman espousing the idea was fictional or that she was to some extent, damaged goods. As someone who was bouncing around the globe and having difficulty connecting, it seemed liberating. I could learn to be the one who said no without the need for justification. I could be the one to turn his back. I could be cold. I could make myself hard.

One afternoon I was conversing with my roommate at the time, and he asked me what other people thought of him. I don’t recall my response, but I’m sure I provided two or three salient points for him to ponder. Afterward, I asked what people thought of me. His brief answer proved I had succeeded beyond expectations. “They say you’re aloof.” Cold, detached, distant, superior; is there any better way to be than aloof? Aloofness led to aloneness which was fine by me. But aloneness led to loneliness; loneliness to self-absorption. And my friends, self-absorption is the last truck stop you come to before rolling your rig to a creaking halt in Hell. Luckily God, who loved most, gave my conscience a thorough scratching and brought sensation back to my leprous soul before I could damage it beyond repair.

God is perpetually the One who loves most. Being God, it is probably not painful for Him to exist in that state, but I have to think that He’d appreciate it if we all tried a little harder to love the world less and Him more. Our lives would certainly improve if we could manage it, but our faith is weak and we pretty much have to count on God Himself for even our capacity to be the ones who love least; the ones who love at all. Maybe there is a way to improve our overall performance by focusing on mission. The mission of Mount Calvary is always visible in the Atrium, etched in stone. But every three years a strategic plan is brought forth by the church council and staff to provide a fresh approach to that mission. In the words of council member Bruce Kraft, “The new theme ‘Gather, Connect, Serve’ articulates the overarching mission of Mount Calvary and the path we are called to follow. We see individuals, couples, families, pastors and staff gathering daily and making connections through the ministries of the church. Our ministries seek to glorify the name of God and are designed to serve the spiritual needs of the congregation, as well as people in our communities and those in need throughout the world.” As committed Christians, let’s not be concerned about who loves most or least. Let’s just plan to gather, connect, serve and love a little bit more.

*Terry Kelly*  
Church Council Vice-President

## 2010 GENERAL FUND UPDATE (FOR FISCAL YEAR BEGINNING JUNE 1, 2009)

YTD General Fund budget for first 8 months (June 1-January 31):\$1,295,760  
YTD General Fund Gifts received through January 10: \$1,112,355  
Gifts needed to meet first 8 months of budget on January 31: (\$183,405)

## THANK YOU FOR 2010 GENERAL FUND PLEDGES FOR CALENDAR YEAR 2010!

To date, we have received \$1.4 million in pledge commitments for our 2010 General Fund. If you are new to Mount Calvary or haven’t had a chance to make a commitment for 2010, please contact Peggy Morgan at 952-474-8893 or [peggy.morgan@mountcalvary.org](mailto:peggy.morgan@mountcalvary.org) for a pledge form.

## YOUR GIVING CAN BE AUTOMATIC!

Did you know you can share your offerings through automatic bank or credit card withdrawals? You may begin or discontinue at any time. Your automatic giving helps Mount Calvary budget and frees you from writing weekly checks. If you are interested, please contact Michele Tighe at [michele.tighe@mountcalvary.org](mailto:michele.tighe@mountcalvary.org).

## TENDER LUTHERAN CAREGIVERS AVAILABLE

A wonderful group of friendly, caring people are ready to offer a little tender loving care to people of Mount Calvary. They visit care centers, hospitals and homes. Those who receive their visits say it is a gift and a blessing to have a new friend. Contact Pastor Brenda if you or someone you know could use a visit.



Tender Lutheran Caregiver  
Michele Tighe and Hazel  
Johnson enjoy a visit at  
Presbyterian Homes.



## IN MEMORY

Christian love and sympathy are extended to the friends and families of:

George R. Glassco:  
February 28, 1928–December 11, 2009

Daniel Roy Stoltenberg  
July 9, 1935–January 3, 2010

Bernice Brooks:  
August 30, 1923–January 8, 2010

May Christ’s resurrection  
bring hope and comfort to their  
loved ones.



BIBLE  
SAMPLER

Wednesdays 6:45-  
7:30pm in the  
Lower Level  
(Undercroft)  
February 3 and  
10.

Join Pastors Doug and Brenda for a little “taste” of each book of the Bible. The month of February will include a look at the Gospels: Matthew, Mark, Luke, and John. Hear a “big idea” from each book; dig deeper into one story or passage as a highlight each week. Receive helpful tools for understanding the Bible. Enjoy a practical life application with each study. Feel free to come even if you are new to studying the Bible. Participants have said it’s a very casual, non-threatening approach. You’ll be so glad you came. There is no charge for the class.

HELP KEEP OUR  
ATRIUM BEAUTIFUL  
FOR VISITORS

In an effort to be a good steward of God’s house, a few of us have gathered to do our best to spruce up the Atrium. Our efforts will eventually consider all areas of the church. For now, we are asking that anyone who has something represented in the Atrium to please contact Kari Beckel. We are not intending to remove anything pertinent. As the Facilities Coordinator, Kari will be acting as manager of the space which is why we’d like everyone to be in touch with her. Contact Kari at kari.beckel@mountcalvary.org or 952-474-8893 x 115.

SHAPED BY THE UNSEEN CHRIST—  
A LENTEN SPIRITUAL ADVENTURE

Don’t miss Discovery Hours beginning February 20/21

During Lent, every member and visitor of Mount Calvary will have an opportunity to experience how God’s presence transforms lives. Our theme will flow through worship, sermons and small group experiences on Saturday evenings and Sunday mornings with Discovery Hours beginning February 20. Your pastors and small group leaders will help you unpack these life-applicable themes:

- Worshipping with enthusiasm
- Lavishing God’s love on others
- Leading God-pleasing lives
- Serving with gratitude
- Reading God’s word
- Experiencing prayer, and
- Celebrating God’s gift of life at its best



Our whole congregation will be reading, memorizing and applying the same Bible passages—growing in our faith and life of discipleship. Together we’ll participate in anonymous acts of kindness and other service opportunities. If you are already in a small group, contact Chris Anderson to get materials so your group can participate in this spiritual adventure! Sign-up in the Atrium or call the church office.

Shaped by the Unseen Christ—Discovery Hour Leaders Needed

Training Tuesday, February 2, 6:30–8:00pm

Please contact Chris Anderson, Adult Faith Formation Coordinator, if you are willing to serve as a small group leader for our spiritual adventure. You are welcome to serve on Saturday evenings from 6–7pm or Sunday mornings at either 9:15 or 10:30am. You do not need experience. We are pleased to offer training on Tuesday, February 2, 6:30–8:00pm.

PRIME TIMERS

Our annual outing to the Old Log Theater is on Sunday, February 14. Lunch will be at 12:30pm and the play starts at 2:00pm. We will enjoy a new American comedy: “The Dixie Swim Club.” This will be the area premier performance at Old Log. It’s a hilarious and touching story about five unforgettable women whose friendship began on their college swim team and continued over a span of 35 years. Cost for the outing is \$27.00 for the play and \$15.50 for the lunch. Reservations can be made at the church office.

Our March meeting will be on March 6, beginning at 6:30pm with a potluck supper. Our speaker will be Andrea Fieldhouse. Andrea will bring us back to our early teen years in a quick confirmation refresher.

Additional information or to make reservations for the Old Log Theater, call Phil and Marlys Engh at 952-448-3048 or Signe and Karl Nyline, 952-448-3400.



WORSHIP IN FEBRUARY  
Holy Sparks!

February begins in the midst of our Epiphany theme, “Holy Sparks.” We continue to refer to the Philip Yancey book, *Soul Survivor: How Thirteen Unlikely Mentors Helped my Faith Survive the Church*, and you are invited to consider those people who have been “holy sparks” in your journey of faith.

Ash Wednesday begins the season of Lent in the church. The word “Lent” comes from an Old English word for spring. For Christians around the world, Lent is a time of repentance, or returning to God. Just as spring brings transformation and a renewal of life to nature, so does Lent offer us a time to reflect on our baptism into Christ’s death and resurrection. We invite you to join us in experiencing how God’s presence transforms lives in *Shaped by the Unseen Christ*, a 50-day Spiritual Adventure that will flow through worship, sermons and small groups.

FEBRUARY SERVICE TIMES

Wednesday 6:15pm – *The Current*

High School Youth Director, Ben Richter, leads the rockin’ ConfirBand in this service that welcomes confirmands and their families, high schoolers and the young-at-heart. After February 10th, *The Current* will take a break during Lent. The Current resumes on April 14th.

Saturday 5:00pm

Join us Saturdays for an informal service of song and sacrament focused on community in communion with one another. Mark Abelsen on piano leads the Saturday Worship Band. Communion is offered at all Saturday worship services.

Sunday 8:15, 9:30 & 11:00am

During the season of Epiphany and Lent, we continue with Setting Two of the liturgy found in our ELW hymnal. Music is led by Principal Organist Carolyn Diamond, Mount Calvary vocal and instrumental choirs and soloists.

Communion is offered on the first and third Sundays of each month. The Nursery is available at all services.

Sat/Sun, February 6/7 – Epiphany 5

Holy Sparks – Dr. C. Everett Koop  
Sermon: Pastor Doug Cox  
Text: Matthew 10: 16-20  
Flute/Brass Choir (8:15); Chancel Choir (9:30/11:00)

Sat/Sun, February 13/14 – Epiphany 6

Holy Sparks – Henri Nouwen  
Sermon: Pastor Brenda Legred  
Text: Luke 15:11-32  
Cantate Choir (8:15/9:30); Leo Plante (11:00)

Wednesday, February 17 – Ash Wednesday

11:00am  
Text: Matthew 17:1-13  
Mount Calvary Staff Choir

Wednesday, February 17 – Ash Wednesday

7:00pm  
Text: Matthew 17:1-13  
Chancel Choir

Sat/Sun, February 20/21 – Lent 1

Sermon: Pastor David Olson  
Text: Matthew 5:43-6:4  
Chancel Choir (8:15/9:30); Ben & Andrea Richter (11:00)

Wednesday, February 24 –  
Mid-Week Lenten Service

7:00pm

Sat/Sun, February 27/28 – Lent 2

Sermon: Pastor Brenda Legred  
Text: 1 John 1:5-2:6  
Mount Calvary Bells (8:15/9:30); Flute/Brass Choir (11:00)



**WOMEN: MARK  
YOUR CALENDARS  
& PLAN TO  
BRING A  
FRIEND**

**Overcoming  
Poverty: A  
Local Vision**

(Joint Men's &  
Women's Event)  
February 13, 8:30–Noon

**Women's Servant Weekend at  
Luther Park**  
March 12–14

**Women's Spa Day at Aveda  
Institute**  
April 24

**All God's Daughters**  
May 8



**WEEKLY BIBLE STUDY  
OPPORTUNITIES  
FOR ADULTS**

Monday, 6:30am–7:30am,  
every week  
Men's Bible Study, led by Pr. Orv

Tuesday, 9am–10am, every week  
Women's Bible Study, led by  
Pr. Dave

Wednesday, 6:45pm–7:30pm,  
Every Wednesday of  
Confirmation  
Bible Sampler, led by Pr. Brenda  
and Pr. Doug

Thursday, 7:00pm–9:00pm,  
every week  
A Year in the Bible, led by  
Trace James

Visit [www.mountcalvary.org](http://www.mountcalvary.org) for  
more details.

**WELCA AT MOUNT CALVARY**



We are in the process of seeking input as we investigate the possibility of Women of the ELCA at Mount Calvary. Contact Sarah Abelsen (952-486-7661, [sarah.abelsen@minnetonka.k12.mn.us](mailto:sarah.abelsen@minnetonka.k12.mn.us)) or Pastor Brenda (952-474-8893, [pastor.brenda@mountcalvary.org](mailto:pastor.brenda@mountcalvary.org)) to act boldly and get involved!

**WOMEN'S SERVANT WEEKEND AT LUTHER PARK**

March 12–14

Pastor Brenda invites Mount Calvary women and their friends for a trip to our church camp—Luther Park Bible Camp in Danbury, Wisconsin. Women will give Mount Calvary's cabin a refreshing new look, and help prepare the camp to receive summer campers. You don't need to have carpentry and painting skills; there will be a variety of projects available. Come for the weekend (\$65) and stay in a rustic cabin or join us for part of Saturday. Reservations are needed by March 1.

**WOMEN'S DAY AT THE SPA**

April 24

Care of the body and rest for your soul are prescribed by scripture. Are you in need of some TLC? Join other women for facials, massages and pedicures at Aveda Institute. Cost will vary with services. Space is limited; reservations are needed by February 24. Carpools will leave Mount Calvary at 9:00am and return at 2:00pm.

**QUILTERS NEED MORE FABRIC AND SHEETS**

*Baby, it's cold outside!* Kind of a cute song but not so cute when you're homeless. The Mount Calvary quilters need more fabric (cotton, flannel, fleece) for quilts and sheets for quilt backings. We do roughly 25 quilts each month that are given to shelters.

If you'd like to help but can't make it to the second Thursday of the month meeting, we have projects you can help with from your home. We have some donations of yarn to knit or crochet hats and scarves (and mittens if you are really talented) for the homeless. We have put together some squares to sew into rows and then sew the rows together to piece a quilt top. Questions? Call Mary Gorder (952-474-7507) or Sharon Roos (952-474-1155).

**LINKED IN PRAYER**

In this brand new year I would like to focus thoughts each month on a chosen hymn. The month of February always signals thoughts of love. When thinking about God's love and our response to it, I am reminded of the favorite hymn of children and adults alike:

*Jesus loves me! This I know, for the Bible tells me so.  
Little ones to Him belong; they are weak but He is strong.  
Yes, Jesus loves me! The Bible tells me so.*

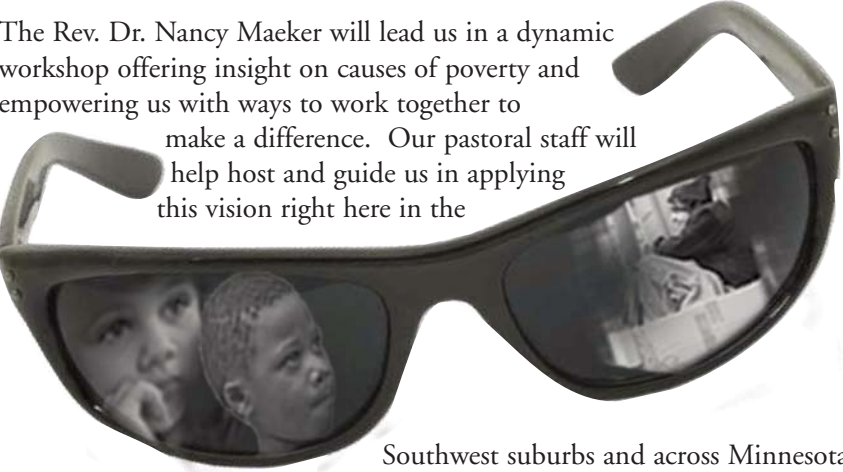
Hum the tune, sing the words and as we are "linked in prayer" this month, breathe a prayer expressing your gratefulness for His love for you and tell Him you love Him. Choose to read Bible passages that refer to God's love, beginning with: John 3:16-17, 1st John 4:7-11 and Corinthians 13, the "Love chapter of the Bible." Meditate on 1st John 4:19: "We love, because He first loved us."

Corinne Peterson

**OVERCOMING POVERTY: A LOCAL VISION**

Saturday, February 13, 8:30am to 12 noon at Mount Calvary

The Rev. Dr. Nancy Maeker will lead us in a dynamic workshop offering insight on causes of poverty and empowering us with ways to work together to make a difference. Our pastoral staff will help host and guide us in applying this vision right here in the



Southwest suburbs and across Minnesota.

Be a part of this focus on overcoming poverty! Listen, learn and share. Your participation in this workshop can shape the way Mount Calvary will minister among the poor in 2010. This Valentine's Day, let love overflow and motivate us to overcome!

**LOVE TO SERVE: 2010—OVERCOMING POVERTY**

We have decided to focus our *Love To Serve* efforts for 2010 on the area of overcoming poverty. As a part of our larger outreach focus this year, our *Love To Serve* projects will be serving people and/or organizations that are affected, directly or indirectly, by the issue of poverty. We have discovered that poverty affects many areas of our society, and were a part of most, if not all, of our service projects last year.



**How can you become involved?**

We are hosting an Adult Faith Formation event on February 13th, "Overcoming Poverty: A Local Vision." This will be a great way to learn more about the problems we are facing and to become involved in some solutions. If you have been a part of our *Love To Serve* projects in the past or would like to become involved this year, this is a must-see event. Please see the article about our "Overcoming Poverty" workshop on page 9 of this Caller for more information.

We will be deciding on specific service projects to work on after our February 13 event. We welcome your voice and your ideas as part of our decision-making process. As always, check the Love To Serve bulletin board for updates and future service projects.

**Want to volunteer, but not sure what you want to do? We'll help you decide.**

We have a tool to help you. We invite you to take a few minutes to fill out a Gift Profile. This will allow us to help you identify volunteer opportunities that fit your unique interests, skills and experience. The information you share will be entered into a database, and we will contact you with opportunities that fit your profile. To access the Gift Profile, click on Get Connected/Volunteer Opportunities on our website. At the bottom of the page you will see the link for filling out the Gift Profile. We look forward to hearing from you!

Please contact Chris Anderson ([chris.anderson@mountcalvary.org](mailto:chris.anderson@mountcalvary.org)) for more information about the *Love To Serve* Ministry.



The Rev. Dr. Nancy Maeker is an expert and advocate on poverty in Minnesota. She has served a parish pastor, Dean of Students at Luther Seminary, the Bishop's Associate for the ELCA St. Paul Area Synod and currently is the Acting Director of A MN without Poverty.

Overcoming Poverty: A Local Vision, February 13, is offered in cooperation with His House, ICA, and A Minnesota without Poverty.

**PROJECT HOMELESS  
CONNECT THANKS  
MOUNT  
CALVARY VOLUNTEERS**

Mount Calvary volunteers joined others from around Minneapolis in serving over 1600 people at Project *Homeless Connect* on December 7. Project *Homeless Connect* works to break down the barriers that prevent people from escaping homelessness. Resources made available include legal documents, social security assistance, child care, veterans' benefits, housing assistance, job training, health care consultations and medical care. If you would like to volunteer, please visit their website in the coming weeks to find out more ([www.homelessconnectminneapolis.org](http://www.homelessconnectminneapolis.org)). The next event is March 29.



SENIOR HIGH—  
HELP HIS HOUSE  
MOVE!

His House, a thrift shop run by Mount Calvary member, Marty Brannon, is adding a second location, and she needs help moving in. Marty doesn't yet know when she can move in, so keep your eyes peeled for a neon green postcard giving a date and time for when we can help them move!

MISSION TRIP  
UPDATE

We've already had one informational meeting, but it's not too late to sign up for the mission trip. We have 40 spots for this year's trip, which is from July 23rd–August 1 to Rochester, New York. The trip will include stops in Cleveland, Chicago and Niagara Falls! The cost of the trip will be \$500, supplemented by some fundraising. Scholarships are always available. This trip is not to be missed!

If you're interested in signing up, contact Ben Richter by calling 952-474-8893, or through email at ben.richter@mountcalvary.org. A \$100 deposit is due February 28.

FAT TUESDAY WAFFLE DINNER & CARNIVAL

Tuesday, February 16, 5:00pm – 6:30pm

It's that time again, almost Lent but not quite yet! That means FAT TUESDAY! Now a Mount Calvary tradition, this is something you don't want to miss. Also called Mardi Gras, this event comes from the tradition of slaughtering and eating the fatted calf. The custom of making pancakes (waffles) comes from the need to use up fat, eggs and dairy before the fasting and abstinence of Lent begins.

Come and celebrate! It's all you can eat waffles, sausage, coffee, milk and juice. There will be music and a carnival for the kids, complete with face painting and prizes. This event is for children of ALL ages and a great way to spend a meal time.

Cost is \$6.00/person with children 5 and under eating free. Pay at the door, no sign up is needed. As we say, "You have to eat dinner anyway, why not do it with us!" Extra money earned will go to support the Mount Calvary Youth Mission Trip. If you're interested in helping, please contact Andrea Fieldhouse at andrea.fieldhouse@mountcalvary.org.

MILESTONE MINISTRY

"Tending the baptismal journey..."

Milestones are significant cultural, developmental and spiritual markers we all experience throughout our lifetimes. We believe the promises we make at baptism point to the spiritual milestones in our children's lives. In baptism, your child was named beloved, claimed as a child of God, and marked with the cross of Christ forever. You promised them to God, Mount Calvary promised to support you.



February Milestones

3 Year Olds–God's Story

February 6, 5:00pm  
February 7, 8:15, 9:30, 11:00am

4 Year Olds–Jesus' Story

February 20, 5:00pm  
February 21, 8:15, 9:30, 11:00am

March Milestones

2nd Grade AND 3rd Grade–Me and Worship!  
Saturday, March 6, 10:00am in the SANCTUARY!

3rd Grade–1st Communion  
Thursday, March 25, 6:15pm

1st Communion Celebration  
Thursday, April 1 at 7:00pm Maundy Thursday Service

1st Grade–Serving Others  
March 13, 5:00pm  
March 14, 8:15, 9:30, 11:00am

BUILDING BRIDGES

"The practicing of faith at church so we can intentionally live it at home and use it in our everyday lives."

February Theme—Fat Tuesday!

Wednesday, February 10, 6:30–7:30pm

Come join us in the making of Mardi Gras Floats for our Fat Tuesday Waffle Dinner Parade, being held February 16. Bring a big box or even a wagon that can be decorated! Bring your favorite stuffed animals to dress as your float's king or queen! This will be a fun event!



MOTHERCARE

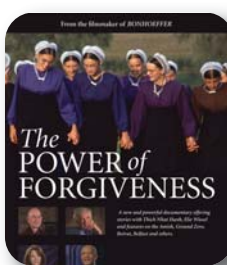
The new year started with a bang when Joan Olson joined us to take on the topic of "Talking to your kids about the hard stuff." We tried to stump her, but Joan's nimble wit and wisdom prevailed and she gave us great answers and food for thought. On February 5, that other famous Olson will join us, and we'll see if he can carry off his Mothercare gig with similar aplomb. Yes, Pastor Dave has agreed to come to Mothercare to discuss a topic of our choosing. We are working up something very challenging to put him to the test. Perhaps a round of Bible trivia? Or a pop quiz on the book of Revelation?

Mothercare is a group for moms with kids of all ages, from cradle to college and beyond. We are a very casual, come as you can group with childcare. Come join us!

Contacts: Becky Koehler, 952-474-4650, beckysk2000@yahoo.com and Beth Tuttle, 952-470-0937, bethmomhome@yahoo.com.

Mothercare meets two Fridays a month, 9:30–11:30am, Room 207.

2010 Dates: February 5 & 19, March 12 & 26, April 16 & 30, May 14 & May 28



FAITH FLICKS

Sundays, 10:30am in Heritage Hall, January 31, and February 7, 14

Travel from Northern Ireland to Ground Zero and into the Amish countryside through this award-winning film called "The Power of Forgiveness." Each session will include 20 minutes of viewing followed by engaging small group discussions!

We'll hear from Nobel Laureate Elie Wiesel, Buddhist master Thich Nhat Hanh and best-selling authors Thomas Moore, Marianne Williamson, the Rev. James Forbes and others. Each will use their own words to teach about the power that forgiveness has to transform life. Come for one or all the sessions of "Faith Flicks."

Thanks to all of you who have embraced the work of His House! You inspire us to seek out new opportunities to help others in the name of God.

We have exciting news about two new opportunities through His House. First, we are planning to open a second thrift shop near Highway 7 and Vine Hill. This location is closer to Mount Calvary and will afford you the chance to volunteer at the shop, drop off donations for the shop or do a service project. We are planning on opening the first part of February.

We have started a jobs transition group to explore different ways to look for employment. Today's technology offers a tremendous resource in the job search. We will explore and train attendees on how to use this vital tool. Technology, coupled with proven, basic job-searching skills will help us to empower those looking for new job opportunities. Join us in the Resource Room (left of the church office) on Wednesday evenings from 6:45–7:30pm.

Watch for more information, or check with Chris Anderson or Martha Brannon to learn more about these His House-sponsored activities. God bless all of you!



MEN'S MINISTRY  
CALENDAR

Overcoming Poverty in  
Minnesota

February 13, 8:30am–noon,  
Sanctuary

Men's Breakfast

March 6, 7:30–9:00am

Men's Breakfast

May 1, 7:30–9:00am

Men's Bible Study

Every Monday, 6:30am



LUTHERANISM 101  
CLASSES OFFERED

Sunday, February 21,  
11:00am

Wednesday, May 19, 6:45pm

If you are new to being part of a Lutheran church or if you would like a refresher on what we believe as Lutherans, Pastors Doug and Brenda invite you to join them for these upcoming classes. Contact Chris Anderson in the church office to sign up.



SUMMER CAMP OPPORTUNITIES

Summer in Minnesota is truly one of the best times of the year. It is a time to be with family, to relax, to be outside and to enjoy God’s creation. Summer is growth and summer is hope. We hope you will find an opportunity to explore your faith this summer through one of our many ministry opportunities. There are some new things and some returning favorites. Take time to read and prayerfully consider which of these opportunities fit for you and your family. We are thrilled to again welcome Luther Park Bible Camp as our partner for Day Camp this year. We are excited for our Middle School and High School youth as they head to New York to serve. We can’t wait for Building Bridges to “do” faith in homes. Mostly, we celebrate getting to spend time with you and your family listening for the voice of God, watching for sacred spaces and seeing God in action! Blessings to you all.



Elementary Day Camp (Luther Park is returning this year!)

- Ages: Children going into grades 1-5 in the fall
- Dates: Monday, June 28 through Thursday, July 1
- Time: 9:00am–3:00pm
- Location: The Center, Minnewashta

Mount Calvary Summer Preschool

- Ages: Toddler (24–33 months) and Preschool (33 months –entering Kindergarten and potty trained)
- Session I Preschool July 5–15 (Mon-Thurs only)
- Session II Preschool July 19–29 (Mon-Thurs only)
- Time: 9:00–11:30am, Lunch Bunch 11:30am–12:30, Play Break 12:30–1:30pm
- Location: Mount Calvary Preschool
- Staff Contact: Co-Directors: Linda McKinney and Deb Zumbach Rengers
- Registration Deadline: May 14, 2010
- Registration Fee: \$25, no fee if your child is already registered at Mount Calvary Preschool
- Tuition Fee: \$128 per session; \$70 toddler tuition fee (M/W or T/Th option)

Building Bridges – “From the Other Side”

- Focus: Doing faith in the home
- Looking for: Families willing to host MC families and their own friends
- Open to: Families with children 3 years old – 5th grade
- Dates: Wednesdays during the summer
- Times: 6:30–8:00pm
- Location: the HOMES of Mount Calvary Families
- Staff Contact: Andrea Fieldhouse

Preschool Vacation Bible School

- Ages: Age 3 (potty trained) through kids entering Kindergarten
- Dates: Monday, June 14 through Friday, June 18
- Time: 9:00am–11:30am
- Location: Mount Calvary Preschool
- Staff contact: Diane LaMere

Luther Park

The following weeks are designated Mount Calvary weeks, but Mount Calvary kids are welcome to register for any week of the summer:

- July 11–16: Treehouse for Grades 3–6, Cabins for Grades 7–9
- August 1–6: Something for everyone!
  - Snooper week (Aug 1–4) for Grades 1–4
  - Cabins for Grades 3–6
  - Treehouse for Grades 7–12
  - Canoe Trip for Grades 9–12
- Location: Luther Park Bible Camp, Danbury WI
- Registration: Go to [www.lutherpark.com](http://www.lutherpark.com) to register

How Others Worship

- Focus: Visiting and worshipping with and in other churches
- Open to: Families with late elementary, middle school and high school youth.
- Dates: TBA
- Location: possibilities include a synagogue, Greek Orthodox, Spirit Garage, Solomon’s Porch, a Catholic Church, Westwood, etc.
- Staff Contact: Andrea Fieldhouse

Pre- Confirmation Camp

- Focus: Group building and fun
- Open to: All youth who will be in 6th grade in the fall of 2010
- Dates: Wednesday, August 11, 2010
- Times: 11:00am–4:00pm
- Location: Minnewashta Site
- Staff Contact: Andrea Fieldhouse

Mission Trip to Rochester, New York

- Date: July 23–August 1
- Grade 6–12, or ages 12–18
- Cost: \$100 deposit required
- Cost: \$500
- Contact: Ben Richter

FABULOUS FIFTH GRADE GET OUT YOUR ICE SKATES



Join other fabulous fifth graders for a free skating event at Manitou Park on Sunday, February 14th from 2pm–4pm. We’ll skate, skate, skate, then get warm with hot cocoa and marshmallows in the new warming house! Please e-mail [mary.babcock@attglobal.net](mailto:mary.babcock@attglobal.net) if you would like to attend this fun event!



It’s been cold outside, so cold the children have not been outside as often as usual. After weeks inside we long for the warm weather to ease our routines. Let’s face it, living in Minnesota can be hard. How do we keep our spirits up when we must cope with cold, wind, snow and ice for long periods of time?



Get outside as much as possible. We take the children outside when the temperature, including wind chill, is above 10 degrees. They have such a good time playing with their friends in the snow, and the children feel so much better moving their bodies. As they trudge through the snow they use muscles to the max! (See page 12 for pictures)

We schedule special events to keep children and teachers excited about school. The five-year-olds walked into Excelsior to visit the French bakery. When you are learning about French children, you can try a French pastry, too, right in Excelsior. Pajama days at preschool allow for a cozy day during the middle of winter. We like to bring in a story teller, or the Reptile Guy, during the cold days to enliven us. It is so much fun to share these days with friends. Special activities keep our spirits up and add some spice to our lives.

When the winter gets long, we can also point out to ourselves and to the children all of our blessings. When the sun finally shines, we can thank God for a sunny winter day. The sun brings smiles to people and ice melts off the streets. Be specific when you thank God for that sun. Believe us when we tell you we thank God for those talented people that come to preschool to tell stories or share reptiles. Not only do those people bring a smile to the children, they make the teachers smile, too. We thank God that the children love to play with each other. Count your blessings and teach children to count theirs, too. The winter will be a lot warmer and brighter.

MOUNT CALVARY ACADEMY OF MUSIC

We have continuous enrollment for Spring term with private lessons through May 28, on nearly every musical discipline.

Class Offerings:

Music Theory Class

10 class sessions February 8–March 29 for grades 7–12  
Instructor: Erick Lichte

Prepare for Spring Auditions with “Singing-Based” Theory. The class begins Monday, February 8. Developed in collaboration with Minnetonka High School, the singing-based curriculum will benefit vocalists and instrumentalists alike. Included in the class is sight singing, key signatures, hearing/reading/singing intervals, basic orientation to the staff, rhythm drills, etc.

**Acting Class** with Karin Maas & Wendi-Haas Hammond, the directors of the summer 2009 hit “Godspell”, begins Monday, March 8. Classes run thru April 26. Grades 3–6 meet 4:30–6pm, grades 7–12 meet 6–7:30pm in the Undercroft.

Duos, Trios and Quartets

**Ensemble** opportunities arranged with instructor for 6-week sessions.

Kindermusik with Libby

Details at [www.libbytunes.com](http://www.libbytunes.com). Kindermusik winter classes begin February 3.

Academy terms include performance opportunities in recitals and worship.

Call Mary Lechelt at 952-474-8893, ext. 111 or Jill Cowan, ext. 116 to enroll, or visit our website at [www.mcaom.org](http://www.mcaom.org).